

St Catherine's Independent Nursery - Newsletter 2 – October 2021

Nursery Trustees – Jayne Chester (nominated person), Lisa Maddock, Belinda Pearson, and Tracy Austin

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Dear Parents and Carers,

The government funding for two to five-year old children is a maximum of 30 hours per week (15 universal hours and 15 extended hours), for thirty-eight weeks of the year. This terms entitlement is for 14 weeks, and nursery is open for 16 weeks. Those children accessing the funded hours only will have a one-week holiday, commencing Monday 25th October, and returning to nursery on Monday 1st November, and all children will finish for the Christmas holidays on Friday 17th December and return on Tuesday 4th January.

Please feel free to discuss any of these matters with Mrs Brockliss or Mrs Marriott.

All term dates are available to view on our parent app, please see the 'Events tab' on the home page.

Outdoor Clothing

Please can all parents ensure their child has the appropriate clothing for outdoor play, including a winter coat, woolie hat and gloves. Children will not be allowed to play outdoors without the correct clothing on the colder Autumn and Winter days.

Baseline Meetings

Baseline meetings are held at the beginning of each term to enable new parents to talk one to one with their child's key person to discuss their child's learning and development and plan next steps. New parents will be contacted in due course to arrange an appropriate time for a telephone discussion or a face-to-face meeting (in the outdoor hut) with their child's key person.

First aid

All nursery staff hold a Paediatric First aid certificate which are all available to view on request. We now have a Defibrillator on the nursery premises.

Nursery Policies and Procedures

Parents please make yourself familiar with our new policies and procedures which you are able to view from our website and through our Parent app. In

particular, our safeguarding, late collection and non-collection of a child, lost child policies and procedures, and Complaints and Compliments. If you do not have access to the internet, please request to view these policies at nursery or ask to be provided with copies. If you have any queries or would like to contribute your ideas regarding our policies and procedures, please feel free to speak to a member of staff.

The policy of the month is Safeguarding and Child Protection, please view via our Parent Connect app.

Personal, Social and Emotional Development (PSED)

We are concentrating on PSED this term, to help your child with their PSED at home there is a parent's guide available on our Parent App under Useful Documents, and activities are on the Home Learning tab too. In addition, the document entitled 'EYFS areas of Learning' covers all of the areas of the EYFS and explains how you can help your child at home in all aspects of their learning and development.

Sound of the Week

w/c 4th October – 'i' sound for example 'igloo', 'ink', 'iguana' not 'icicle', 'ice-cream'

w/c 11th October – 'p' sound for example 'pea', 'panda', 'parsnip' not 'phone',

w/c 18th October – 'n' sound for example 'nest',

w/c 1st November – 'c' 'k' 'ck' sound for example 'clock', 'sock', 'lock', 'cat', 'king' not 'knight', 'chair', 'cherry'

Word of the Week

w/c 4th October – 'estimate'

w/c 11th October – 'pretending'

w/c 18th October – 'persisting'

w/c 1st November – 'senses'

Nursery Rhyme of the week

w/c 4th October – Five little ducks

w/c 11th October – One two buckle my shoe

w/c 18th October – Hickory Dickory Dock

w/c 1st November – The Grand old Duke of York

Parent Connect app update

Our Parent Connect app is being updated on Wednesday 6th October. A reminder message will be sent out to all parents next week from the Parentapps Connect team. If you experience any issues, then please contact the customer service team on 0151 808 0093

Hot Lunches

Hot lunches will resume after the half term, w/c 1st November. If you would like your child to have a hot lunch (£2.35 each) please complete our hot lunches survey on our parent connect app by Friday 8th October.

My Happy Mind

My Happy Mind have been commissioned by the NHS to help schools, nurseries and families create a culture of positive mental well-being.

My Happy Mind for families is a science-backed system designed to help you develop confident, resilient children with the self-esteem and tools to thrive because a greater sense of wellbeing means they're better equipped to succeed in life.

For more information and to sign up to the families programme, please go to our Parent Connect app 'Mental Health and wellbeing' – 'My Happy Mind'

We are one of 10 nurseries in Central Lancashire who will be taking part in the My Happy Mind pilot scheme 😊

Leyland Library Timetable

Tuesdays & Thursdays @ 2:30pm – Storytime

Friday @ 10am & 11am – Baby Bounce and Rhyme

To book please contact the library directly by calling in or telephoning.

Lancastergate, Leyland, Preston, Lancashire, PR25 2EX

Tel: 0300 123 6703

A link to Leyland Library is available on our Parent connect app, under useful links – literacy

Children's Dental Health

A regular teeth-cleaning routine is essential for good dental health. Follow these tips and you can help keep your child's teeth decay-free.

1. BRUSHING TEETH

- Brush children's teeth twice a day with a small headed toothbrush with medium-textured bristles and a family fluoride toothpaste.
- Brush last thing at night, just before bedtime and only have water to drink afterwards.
- Brush one other time of day
- Children younger than 3 years old should only have a small smear of toothpaste on their brush.
- Children aged 3 years and older should use a pea sized amount of toothpaste on their brush.
- You should encourage your child to spit out the toothpaste and not to rinse afterwards.

2. DIET Any food or drinks, such as fizzy pop, fruit juice, diluted cordial etc, and those that contain sugar, should be kept to mealtimes only. Only plain, non-sweetened milk (not flavoured or milkshakes) or plain, still water are safe to drink in between meals and sugar-free foods, such as chopped pieces of fruit or vegetables are safe to snack on between meals. Following weaning, drinks should not be given in bottles. Open and/or free-flow lidded cups should be used instead.

3. DENTAL VISITS It is important to ensure your child visits the dentist at regular intervals. Dental visits are free for children up until the age of 18 years old. Their first dental visit should be before the age of 1 years old.

Please go to our Parent Connect app, 'Useful Links' – 'Children's Oral Health' For fun toothbrushing videos for children, and more advice and tips on keeping children's teeth healthy.

Blossom messaging service

There is a messaging service on the Blossom, you can message your child's keyperson or Mrs Brockliss with anything you wish to ask or tell us about 😊

Kind regards

Helen Brockliss

Nursery Manager